

SAA SUMMER CO-ED VOLLEYBALL RULES

The SAA Board of Directors wishes to welcome all participants to the ~~2022~~ 2023 Volleyball Season. It is our hope that your season will be safe and enjoyable. We are asking everyone to assist in making our program one that we all can be proud of.

The SAA Co-Ed Summer Volleyball League is a RECREATIONAL LEAGUE.

Having Fun is What's Important.

POINTS OF EMPHASIS

A high level of sportsmanship is a MUST. Mistreatment of fellow players, League Officials and Fans will **NOT** be tolerated.

To avoid conflicts regarding a player being able to play with friends or teams they enjoy playing with, be sure to get their name and correct address on the roster legally.

VERY IMPORTANT – All players should be informed that the medical insurance provided by the league is a **SECONDARY** Insurance with a (\$500.00) deductible and is to be used after their primary insurance.

Roster Rule - No limit on the number of players. Roster freeze is five (5) games. Players **MUST** appear in the lineup prior to the team's sixth game. **Once a player has appeared in the lineup of one team, he may NOT switch to another team.**

No player is eligible for Playoff Games unless he has actually appeared in a regular season game. Persons in or returning from military service are eligible to play regardless of any roster rule restrictions. Teams may add one (1) additional player after the roster freeze with prior approval from the Commissioner.

VIOLATION of Roster Rule:

For Saugerties Residents, forfeiture of all games played and a two (2) set suspension for the manager and the ineligible player.

For an Out of Town Player, forfeiture of all games played and the manager and player will be suspended from all SAA Activities for one (1) year, commencing from the date of the last infraction.

The SAA Board of Directors will have the final decision in resolving any disputes regarding the eligibility requirements.

Ejections – Two (2) ejections in the course of the season results in automatic suspensions of two (2) sets. Each additional ejection carries the same penalty.

Language – Foul language and profanity will NOT be tolerated, particularly if in such volume as to be heard in the general area of the court.

VIOLATION of the Language Rule - Will result in ejection of offending person.

Game Times

- 1) 6:00, 6:40 and 7:20 PM

THE SERVE

- 1) The server may serve from any point along the back line.
- 2) Ball must be served from behind the back line. No stepping on or across the line during serve.
- 3) Ball must be clearly visible to opponents before serve.
- 4) Ball must be released from palm of hand before serving, for underhand serve.
- 5) When serving, the receiving team can't jump, block or attack the serve at the net.

SCORING

- 1) Rally scoring will be used
- 2) There will be a point scored on every serve of the ball.
- 3) Offense will score on a defense miss or out of bounds hit.
- 4) Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- 5) Game will be played to 18.
- 6) Must win by 2 points or the first team to 21.

Rotation

- 1) Team will rotate each time they win the serve.
- 2) Players shall rotate in a clockwise manner.
- 3) There shall be 4 to 6 players on each side.
- 4) No more than 3 men on the court at one time, per Team.

Playing the Game (volley)

- 1) Men cannot spike in any Division.
- 2) Women can spike.
- 3) Maximum of three hits per side. If a ball is played for more than one hit on a side, a woman must be included in the volley.
- 4) Player may not hit the ball twice in succession (A block is not considered a hit)
- 5) Ball may be played off the net during a volley and on serve.
- 6) A ball touching a boundary line is good.
- 7) A player must not block or attack a serve.
- 8) If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play.

Forfeits

If a team doesn't have a minimum of 4 players at the starting time, the following forfeits will occur.

After 5 minutes- Game #1 is forfeited

After 10 minutes- Game #2 is forfeited

After 15 minutes- Game #3 is forfeited

Forfeits – When a forfeit occurs, the referee fees **must** be paid by both teams before their next scheduled game. Any team owing a forfeit fee will **not** be allowed to play their next scheduled game until they pay the fee.

Basic Violations

- 1) Failure to serve the ball over the net successfully.
- 2) Hitting the ball illegally (Carrying, Palming, Throwing etc.).
- 3) Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- 4) Reaches under the net (if it interferes with the ball or opposing players).
- 5) Failure to serve in the correct order.

There shall be no sounds or distracting movements aimed at the opposing team, such as foot stomping, clapping, or outbursts. First violation is a warning. Subsequent violations will be a dead ball and the non-offending team will receive one point.

League Age

A player must be 17 years old by August 1st. A birth certificate is required.

NOTE: The above outlined rules are intended to assist our recreational league participants with a better understanding of the game. We defer any additional Rules to the USA Volleyball Association rule book as modified by any local SAA Rules. Let's keep our League a fun and recreational night of play.